

Qualified Medical Expenses under your Health FSA

Please check with BMS LLC for items that are not contained in this list for eligibility of reimbursement.

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Doctor's Fees and Other Items that Qualify for Reimbursement

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| <ul style="list-style-type: none"> • Acupuncture fees • All prescriptions drug costs if dispensed in the US • Chiropractor & Podiatrist fees • Christian Science practitioner's fees • Co-Insurance • Contraceptives • Diagnostic fees • Diagnostic services or treatment • Doctor's office co-pays • Emergency room co-pays | <ul style="list-style-type: none"> • Eye exams • Flu shots • Inpatient admission co-pays • Lab Fees • Obstetrics & Fertility • Office visits • Orthodontist & Dentist • Periodontist & Endodontist fees • Physician & Osteopath fees • Physiologist & Psychiatrist • Radiology | <ul style="list-style-type: none"> • Reconstructive Surgery in connection with birth defect, disease & Accident • Routine check-ups • Surgical fees • Prescription Glasses & Contacts • Weight-loss programs & fees pertaining to a specific disease (with physicians note) • X-rays & MRI |
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Doctor's Fees and Other Items that **DO NOT** Qualify

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| <ul style="list-style-type: none"> • Dental bleaching • Marriage counseling | <ul style="list-style-type: none"> • Missed appointment fees • Non-prescription Glasses/Contacts | <ul style="list-style-type: none"> • Weight-loss programs for general health or appearance |
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Health Improvement Programs & Supplies that Qualify for Reimbursement

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| <ul style="list-style-type: none"> • Alcoholism & drug treatment • Body scans • Cholesterol tests & monitors • Gastric bypass surgery • Home blood tests • Home drug tests • Physical & speech therapy | <ul style="list-style-type: none"> • Programs (for specific disease with physician's note) • Quit smoking programs, patches & gums • Reconstructive bypass surgery associated with birth defect, disease or accident | <ul style="list-style-type: none"> • Special schooling for a disabled child • Weight-loss programs (for specific disease with physician note) |
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Health Improvement Programs & Supplies that **DO NOT** Qualify

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| <ul style="list-style-type: none"> • Cosmetic surgery & procedures that are not caused by birth defect, disease or accident | <ul style="list-style-type: none"> • Dental bleaching • Marriage counseling | <ul style="list-style-type: none"> • Weight-loss programs for general health or appearance |
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Health Related Expenses & Equipment that Qualify for Reimbursement

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| <ul style="list-style-type: none"> • Ambulance expense • Arches & orthopedic shoes • Artificial limbs & braces • Bedpans & ring cushions • Braille Books, & magazines • Contacts & Solution • Crutches & canes • Elevated toilet seats • Eyewear • First aid bandages, gloves & masks | <ul style="list-style-type: none"> • Hearing devices & batteries • Hot & cold compress packs & wraps • Humidifiers & Vaporizers • Medical alert bracelets & fees • Oxygen • Pill Boxes • Shower bars & safety handles • Shower protection for casts, prostheses, etc | <ul style="list-style-type: none"> • Special school for disabled child • Therapeutic support gloves • Travel to doctor or healthcare facilities • Wheelchairs, walkers & shower chairs • Wigs for hair loss caused by disease |
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Dental Services & Supplies that Qualify for Reimbursement

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| <ul style="list-style-type: none"> • Co-payments • Co-Insurance • Dental fillings, crowns & bridges • Deductibles • Dentures | <ul style="list-style-type: none"> • Diagnostic fees • Oral surgery • Orthodontist & dental fees • Periodontist & endodontist fees • Prescribed medicines | <ul style="list-style-type: none"> • Routine check-ups • Dental sealants • Surgical fees • X-rays |
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Dental Services & Supplies that **DO NOT** Qualify

- Dental Bleaching & Veneers
- Teeth Whitening

Over the Counter (OTC) Items that Qualify for Reimbursement

General Items

- Antiseptic or ointment for cuts or scrapes
- Benzocaine swabs
- Boric acid powder
- First Aid wipes
- Hydrogen peroxide
- Iodine tincture
- Rubbing alcohol
- Sublimed sulfur powder

Cold, Flu, Asthma & Allergy Medications

- Allergy medications
- Bronchial asthma inhalers
- Bronchodilator/expectorant tablets
- Cold relief syrup, tablets & drops
- Cough syrup, tablets & drops
- Flu relief syrup, tablets & drops
- Homeopathic sinus medications
- Medicated chest rub
- Nasal decongestant spray, drops & inhaler
- Nasal strips to improve congestion
- Sinus & allergy nasal spray
- Vapor patch cough suppressant

Diabetes

- Diabetic lancets
- Diabetic supplies
- Diabetic test strips
- Glucose meters
- Glucose tablets
- Needles
- Syringes

Ear/Eye Care

- Airplane ear protection
- Eardrops for swimmers
- Ear water-drying aid
- Ear Wax removal drops
- Homeopathic earache tablets
- Contact lenses solution

Health Aids

- Antifungal treatments
- Denture adhesive
- Diuretics & water pills
- Hemorrhoid relief
- Incontinence supplies
- Lice control
- Medicated bandages
- Motion sickness tablets
- Respiratory stimulant ammonia
- Sleeping aids

Pain Relief

- Arthritis pain reliever
- Bunion & Blister treatments
- Itch relief
- Orajel
- Pain relievers, aspirin, non-aspirin
- Throat pain medications

Personal Test Kits

- Cholesterol tests
- Colorectal cancer screening tests
- Home drug tests
- Ovulation indicators
- Pregnancy test

Skin Care

- Acne Medications
- Anti-itch lotion
- Bunion & blister medications
- Cold sore & fever blister medications
- Corn & callus removal
- Diaper rash ointments
- Eczema cream
- Medicated bath products
- Wart removal medications

Stomach Care

- Acid reducing gum, liquid & tablets
- Anti-diarrhea medications
- Gas prevention tablets or drops
- Ipecac syrup
- Laxative
- Pinworm treatment
- Upset stomach medications

Dual Use Items that Require a Letter from Health Practitioner to Qualify

- Adhesive or elastic bandages
- Blood pressure meter
- Cold or hot compresses
- Eye drops
- Foot spa
- Gauze & tape
- Gloves & masks
- Herbs
- Leg or arm braces
- Massagers
- Minerals
- Multivitamins
- Saline nose drops
- Special teeth cleaning system
- Special supplements
- Vitamins

Over the Counter (OTC) Items that *DO NOT* Qualify

- Aromatherapy
- Baby bottles & cups
- Baby oil
- Baby wipes
- Breast enhancement system
- Cosmetics
- Cotton swabs
- Dental floss
- Deodorants
- Diapers
- Feminine hygiene products
- Hair re-growth
- Low "carbs" foods
- Low calorie foods
- Oral care
- Petroleum jelly
- Shampoo & conditioner
- Skin care
- Spa salts
- Sun tanning products
- Toothbrushes