

## Qualified Medical Expenses under your HSA

*Please check with BMS LLC for items that are not contained in this list for eligibility of reimbursement. (Not All-Inclusive!)*

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### Doctor's Fees and Other Items that Qualify for Reimbursement

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| <ul style="list-style-type: none"> <li>• Acupuncture fees</li> <li>• All prescriptions drug costs if dispensed in the US</li> <li>• Chiropractor &amp; Podiatrist fees</li> <li>• Christian Science practitioner's fees</li> <li>• Co-Insurance</li> <li>• Contraceptives</li> <li>• Diagnostic fees</li> <li>• Diagnostic services or treatment</li> <li>• Doctor's office co-pays</li> <li>• Emergency room co-pays</li> </ul> | <ul style="list-style-type: none"> <li>• Eye exams</li> <li>• Flu shots</li> <li>• Inpatient admission co-pays</li> <li>• Lab Fees</li> <li>• Obstetrics &amp; Fertility</li> <li>• Office visits</li> <li>• Orthodontist &amp; Dentist</li> <li>• Periodontist &amp; Endodontist fees</li> <li>• Physician &amp; Osteopath fees</li> <li>• Physiologist &amp; Psychiatrist</li> <li>• Radiology</li> </ul> | <ul style="list-style-type: none"> <li>• Reconstructive Surgery in connection with birth defect, disease &amp; Accident</li> <li>• Routine check-ups</li> <li>• Surgical fees</li> <li>• Prescription Glasses &amp; Contacts</li> <li>• Weight-loss programs &amp; fees pertaining to a specific disease (with physicians note)</li> <li>• X-rays &amp; MRI</li> </ul> |
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### Doctor's Fees and Other Items that DO NOT Qualify

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| <ul style="list-style-type: none"> <li>• Dental bleaching</li> <li>• Marriage counseling</li> </ul> | <ul style="list-style-type: none"> <li>• Missed appointment fees</li> <li>• Non-prescription Glasses/Contacts</li> </ul> | <ul style="list-style-type: none"> <li>• Weight-loss programs for general health or appearance</li> </ul> |
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### Health Improvement Programs & Supplies that Qualify for Reimbursement

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| <ul style="list-style-type: none"> <li>• Alcoholism &amp; drug treatment</li> <li>• Body scans</li> <li>• Cholesterol tests &amp; monitors</li> <li>• Gastric bypass surgery</li> <li>• Home blood tests</li> <li>• Home drug tests</li> <li>• Physical &amp; speech therapy</li> </ul> | <ul style="list-style-type: none"> <li>• Programs (for specific disease with physician's note)</li> <li>• Quit smoking programs, patches &amp; gums</li> <li>• Reconstructive bypass surgery associated with birth defect, disease or accident</li> </ul> | <ul style="list-style-type: none"> <li>• Special schooling for a disabled child</li> <li>• Weight-loss programs (for specific disease with physician note)</li> </ul> |
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### Health Improvement Programs & Supplies that DO NOT Qualify

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|--|---|---|
| <ul style="list-style-type: none"> <li>• Cosmetic surgery &amp; procedures that are not caused by birth defect, disease or accident</li> </ul> | <ul style="list-style-type: none"> <li>• Dental bleaching</li> <li>• Marriage counseling</li> </ul> | <ul style="list-style-type: none"> <li>• Weight-loss programs for general health or appearance</li> </ul> |
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### Health Related Expenses & Equipment that Qualify for Reimbursement

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| <ul style="list-style-type: none"> <li>• Ambulance expense</li> <li>• Arches &amp; orthopedic shoes</li> <li>• Artificial limbs &amp; braces</li> <li>• Bedpans &amp; ring cushions</li> <li>• Braille Books, &amp; magazines</li> <li>• Contacts &amp; Solution</li> <li>• Crutches &amp; canes</li> <li>• Elevated toilet seats</li> <li>• Eyewear</li> <li>• First aid bandages, gloves &amp; masks</li> </ul> | <ul style="list-style-type: none"> <li>• Hearing devices &amp; batteries</li> <li>• Hot &amp; cold compress packs &amp; wraps</li> <li>• Humidifiers &amp; Vaporizers</li> <li>• Medical alert bracelets &amp; fees</li> <li>• Oxygen</li> <li>• Pill Boxes</li> <li>• Shower bars &amp; safety handles</li> <li>• Shower protection for casts, prostheses, etc</li> </ul> | <ul style="list-style-type: none"> <li>• Special school for disabled child</li> <li>• Therapeutic support gloves</li> <li>• Travel to doctor or healthcare facilities</li> <li>• Wheelchairs, walkers &amp; shower chairs</li> <li>• Wigs for hair loss caused by disease</li> </ul> |
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### Dental Services & Supplies that Qualify for Reimbursement

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| <ul style="list-style-type: none"> <li>• Co-payments</li> <li>• Co-Insurance</li> <li>• Dental fillings, crowns &amp; bridges</li> <li>• Deductibles</li> <li>• Dentures</li> </ul> | <ul style="list-style-type: none"> <li>• Diagnostic fees</li> <li>• Oral surgery</li> <li>• Orthodontist &amp; dental fees</li> <li>• Periodontist &amp; endodontist fees</li> <li>• Prescribed medicines</li> </ul> | <ul style="list-style-type: none"> <li>• Routine check-ups</li> <li>• Dental sealants</li> <li>• Surgical fees</li> <li>• X-rays</li> </ul> |
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### Dental Services & Supplies that DO NOT Qualify

- Dental Bleaching & Veneers
- Teeth Whitening

# Over the Counter (OTC) Items that Qualify for Reimbursement

## General Items

- Antiseptic or ointment for cuts or scrapes
- Benzocaine swabs
- Boric acid powder
- First Aid wipes
- Hydrogen peroxide
- Iodine tincture
- Rubbing alcohol
- Sublimed sulfur powder

## Cold, Flu, Asthma & Allergy Medications

- Allergy medications
- Bronchial asthma inhalers
- Bronchodilator/expectorant tablets
- Cold relief syrup, tablets & drops
- Cough syrup, tablets & drops
- Flu relief syrup, tablets & drops
- Homeopathic sinus medications
- Medicated chest rub
- Nasal decongestant spray, drops & inhaler
- Nasal strips to improve congestion
- Sinus & allergy nasal spray
- Vapor patch cough suppressant

## Diabetes

- Diabetic lancets
- Diabetic supplies
- Diabetic test strips
- Glucose meters
- Glucose tablets
- Needles
- Syringes

## Ear/Eye Care

- Airplane ear protection
- Eardrops for swimmers
- Ear water-drying aid
- Ear Wax removal drops
- Homeopathic earache tablets
- Contact lenses solution

## Health Aids

- Antifungal treatments
- Denture adhesive
- Diuretics & water pills
- Hemorrhoid relief
- Incontinence supplies
- Lice control
- Medicated bandages
- Motion sickness tablets
- Respiratory stimulant ammonia
- Sleeping aids

## Pain Relief

- Arthritis pain reliever
- Bunion & Blister treatments
- Itch relief
- Orajel
- Pain relievers, aspirin, non-aspirin
- Throat pain medications

## Personal Test Kits

- Cholesterol tests
- Colorectal cancer screening tests
- Home drug tests
- Ovulation indicators
- Pregnancy test

## Skin Care

- Acne Medications
- Anti-itch lotion
- Bunion & blister medications
- Cold sore & fever blister medications
- Corn & callus removal
- Diaper rash ointments
- Eczema cream
- Medicated bath products
- Wart removal medications

## Stomach Care

- Acid reducing gum, liquid & tablets
- Anti-diarrhea medications
- Gas prevention tablets or drops
- Ipecac syrup
- Laxative
- Pinworm treatment
- Upset stomach medications

## Dual Use Items that Require a Letter from Health Practitioner to Qualify

- Adhesive or elastic bandages
- Blood pressure meter
- Cold or hot compresses
- Eye drops
- Foot spa
- Gauze & tape
- Gloves & masks
- Herbs
- Leg or arm braces
- Massagers
- Minerals
- Multivitamins
- Saline nose drops
- Special teeth cleaning system
- Special supplements
- Vitamins

## Over the Counter (OTC) Items that *DO NOT* Qualify

- Aromatherapy
- Baby bottles & cups
- Baby oil
- Baby wipes
- Breast enhancement system
- Cosmetics
- Cotton swabs
- Dental floss
- Deodorants
- Diapers
- Feminine hygiene products
- Hair re-growth
- Low "carbs" foods
- Low calorie foods
- Oral care
- Petroleum jelly
- Shampoo & conditioner
- Skin care
- Spa salts
- Sun tanning products
- Toothbrushes