



Your Quality
Solution to
Third Party
Administration

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Qualified Medical Expense List Under Your Health Flexible Spending Account

- ◆ Acid reducing gum, liquid & tablets
- ◆ Acne Medications
- ◆ Acne Medications
- ◆ Acupuncture fees
- ◆ Airplane ear protection
- ◆ Alcoholism & drug treatment
- ◆ All prescriptions drug costs if dispensed in the US
- ◆ Allergy medications
- ◆ Ambulance expense
- ◆ Anti-diarrhea medications
- ◆ Antifungal treatments
- ◆ Anti-itch lotion
- ◆ Antiseptic or ointment for cuts or scrapes
- ◆ Arches & orthopedic shoes
- ◆ Arthritis pain reliever
- ◆ Artificial limbs & braces
- ◆ Bedpans & ring cushions
- ◆ Benzocaine swabs
- ◆ Body scans
- ◆ Boric acid powder
- ◆ Braille Books, & magazines
- ◆ Bronchial asthma inhalers
- ◆ Bronchodilator/expectorant tablets
- ◆ Bunion & blister medications
- ◆ Bunion & Blister treatments
- ◆ Chiropractor & Podiatrist fees
- ◆ Cholesterol tests
- ◆ Cholesterol tests & monitors
- ◆ Christian Science practitioner's fees
- ◆ Co-Insurance
- ◆ Co-Insurance
- ◆ Cold relief syrup, tablets & drops
- ◆ Cold sore & fever blister medications
- ◆ Colorectal cancer screening tests
- ◆ Contact lenses solution
- ◆ Contacts & Solution
- ◆ Contraceptives
- ◆ Co-payments
- ◆ Corn & callus removal
- ◆ Cough syrup, tablets & drops
- ◆ Crutches & canes
- ◆ Deductibles
- ◆ Dental fillings, crowns & bridges
- ◆ Dental sealants
- ◆ Denture adhesive
- ◆ Dentures
- ◆ Diabetic lancets
- ◆ Diabetic supplies
- ◆ Diabetic test strips
- ◆ Diagnostic services or treatment
- ◆ Diaper rash ointments
- ◆ Diuretics & water pills
- ◆ Doctor's office co-pays
- ◆ Ear water-drying aid
- ◆ Ear Wax removal drops
- ◆ Eardrops for swimmers
- ◆ Eczema cream
- ◆ Elevated toilet seats
- ◆ Emergency room co-pays
- ◆ Endodontist Fees
- ◆ Eye exams
- ◆ First aid bandages, gloves & masks
- ◆ First Aid wipes
- ◆ Flu relief syrup, tablets & drops
- ◆ Flu shots
- ◆ Gas prevention tablets or drops
- ◆ Gastric bypass surgery
- ◆ Glucose meters
- ◆ Glucose tablets
- ◆ Hearing devices & batteries
- ◆ Hemorrhoid relief
- ◆ Home blood tests
- ◆ Home drug tests
- ◆ Home drug tests
- ◆ Homeopathic earache tablets
- ◆ Homeopathic sinus medications
- ◆ Hot & cold compress packs & wraps
- ◆ Humidifiers & Vaporizers
- ◆ Hydrogen peroxide
- ◆ Incontinence supplies
- ◆ Inpatient admission co-pays
- ◆ Iodine tincture
- ◆ Ipecac syrup
- ◆ Itch relief
- ◆ Lab Fees
- ◆ Laxative
- ◆ Lice control
- ◆ Medical alert bracelets & fees
- ◆ Medicated bandages
- ◆ Medicated bath products
- ◆ Medicated chest rub
- ◆ Motion sickness tablets
- ◆ Nasal decongestant spray, drops & inhaler
- ◆ Nasal strips to improve congestion
- ◆ Needles
- ◆ Obstetrics & Fertility
- ◆ Office visits
- ◆ Orajel
- ◆ Oral surgery
- ◆ Orthodontist & Dentist
- ◆ Ovulation indicators
- ◆ Oxygen
- ◆ Pain relievers, aspirin, non-aspirin
- ◆ Periodontist & Endodontist fees
- ◆ Periodontist Fees
- ◆ Physical & speech therapy
- ◆ Physician & Osteopath fees
- ◆ Physiologist & Psychiatrist
- ◆ Pill Boxes
- ◆ Pinworm treatment
- ◆ Pregnancy test
- ◆ Prescribed medicines
- ◆ Prescription Glasses & Contacts
- ◆ Programs (for specific disease with physician's note)
- ◆ Quit smoking programs, patches & gums
- ◆ Radiology
- ◆ Reconstructive bypass surgery associated with birth defect, disease or accident
- ◆ Reconstructive Surgery in connection with birth defect, disease & Accident
- ◆ Respiratory stimulant ammonia
- ◆ Routine check-ups
- ◆ Routine check-ups
- ◆ Shower bars & safety handles
- ◆ Shower protection for casts, prostheses, etc
- ◆ Sinus & allergy nasal spray
- ◆ Sleeping Aids
- ◆ Special school for disabled child
- ◆ Special schooling for a disabled child
- ◆ Surgical fees
- ◆ Surgical fees
- ◆ Syringes
- ◆ Therapeutic support gloves
- ◆ Throat pain medications
- ◆ Travel to doctor or healthcare facilities
- ◆ Upset stomach medications
- ◆ Vapor patch cough suppressant
- ◆ Wart removal medications
- ◆ Weight-loss programs (for specific disease with physician note)
- ◆ Weight-loss programs & fees pertaining to a specific disease (with physicians note)
- ◆ Wheelchairs, walkers & shower chairs
- ◆ Wigs for hair loss caused by disease
- ◆ X-rays
- ◆ X-rays & MRI

Effective January 1, 2011, Over-the-counter items will no longer be considered eligible expenses for reimbursement under a Flexible Spending Account unless they are accompanied by a Doctor's prescription. The use of the Debit Card for these items will no longer be available. NOTE: Reimbursement is still an option through our Check or Direct Deposit Methods by simply submitting a manual claim to BMS, including a Doctor's prescription/note, to conform with new regulations enacted as part of Healthcare Reform.